

**Bournemouth Christchurch Poole** 

## Parent Carers Together Feedback Form

Name: Louise Middleton

Meeting description: Link Programme Consultation Where was meeting held: virtually Date of meeting: Tues 13<sup>th</sup> Jan 2022 Start & finish time 09:30-12:30

Any future meeting dates, if known: 3 more meetings tbc Feb-March

Feedback can be in any format; it should contain important points that came out of the meeting, your opinions, any related work that you think overlaps, action points that you might be involved with, any areas of concern. This will be shared with all PCT reps and committee.

Please email to <a href="mailto:bethcallis@parentcarerstogether.org.uk">bethcallis@parentcarerstogether.org.uk</a> within 2 weeks of meeting

## **FEEDBACK & COMMENTS** (please use further pages if necessary)

Attendees: Sarah Rempel (Dir.Education); David Webb (BCP Youth Justice); Helen Duncan-Jordan (MHST Dorset); Jo Wilson (Public Health Dorset); Nova Bovaird (MHST BCP); Sam Crowe (Public Health Dorset/Dorset Council); Vanessa Grizzle (EP, BCP); Leah May (Virtual School, BCP); Mrs Ruth (Malmesbury Park School)

Anna Freud Centre: Kathy Rollington- Engagement Officer; Ginny Kocik – Schools Engagement Officer; Daniel-Link Programme Coordinator

BCP engaged with Anna Freud Centre to see how the Link Programme could support the work already taking place with the Mental Health Support Teams, now in 18 schools across BCP with another 15 schools interested in the programme.

Presentation slides about Link Programme here

Sarah Rempel spoke about the survey that went out to all schools before Christmas, only 26 schools responded (out of approx. 90), but that was probably timing.

Findings: lack of visibility of mental health support in schools, schools don't feel they support teachers mental health, lack of strategic leadership planning for mental health, school leaders report that parents more willing to engage with services.

We used the <u>Cascade Framework</u> to identify challenges in BCP. We all voted individually for what we thought should be the focus of these meetings. Most things were identified as being a challenge within BCP, although there was (a little) some evidence of good practice. Although the comments were along the lines of: lots of meetings being organised but no joined up thinking between different services.



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After discussion we decided on the following to be the focus: We were also asked to rate our starting point for these on a 1-1- scale

Structures to support shared planning and collaborative working (some elements of good practice) 3/10

Common approach to outcome measures for young people (this was identified as the most challenging) 0/10

Development of integrated working to promote rapid and better access to support (another challenging area) 1/10

We went into breakout rooms to discuss these in more detail and decide on goals.

Goals:

- 1. Map current mental health structures/services and resources in BCP
- 2. Potential for school forum to support schools to signpost to services
- 3. Survey sent to all schools, EPs, Camhs, School Nurses (others to be identified) to find out what current outcome tools currently available and pros and cons of each
- 4. Vanessa Grizzle and Sarah Rempel to liaise with Camhs and MHSTs to develop a network of support

Theere will be 3 further meetings to look at each of these in turn and more depth and decide of next steps.